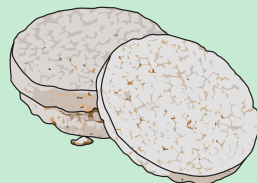
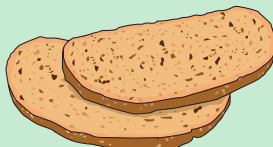
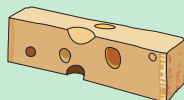
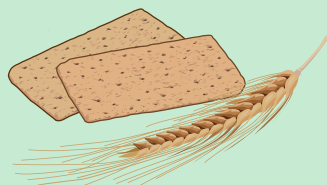
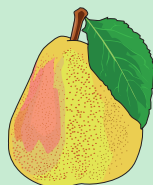
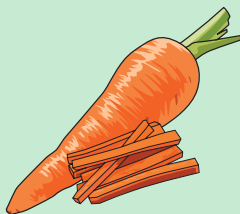


# Goûters recommandés



# Goûters non recommandés



3.3 dl



3.3 dl



2 dl



2.5 dl



15 g



42 g



100 g



= 1 morceau de sucre (3.7g)

= 1 cuillère à café d'huile (5g)